

Weekly Updates From Uplands



HEADTEACHER'S MESSAGE

I can't believe next week is the final week of the term—so much has happened over the past few weeks, and next week will be no exception!

Please come along to the Halloween event on Thursday. It will be a great opportunity for us to come together as a community.

CO-OPTED GOVERNOR VACANCY

We will have a vacancy for a co-opted governor from January 2026. Co-opted governors do not need to have a connection with the school, but in the opinion of the governing board have the skills and experience required to contribute to the effective governance and success of the school.

If you know someone living in the community or a grandparent/friend/colleague that may be interested in this role, please contact the school office.

Thank you.

STUDYBUGS APP

From Friday 21st November we will be transferring our communication from Teachers2Parents to Studybugs. This new, more efficient and secure app allows you to receive messages from school/nursery instantly and also allows you to report your child's absence due to illness.

If you haven't already, please get the free Studybugs app, or register on the Studybugs website before **Friday 21st November**. After this date, you will no longer receive communication through Teachers2Parents.

[Get the app or register now](#)

(<https://studybugs.com/about/parents>)

Thank You!

SCHOOL PHOTOS

Individual and sibling photos will be taken next Wednesday 22nd October.

Please remember to send your child to school in school uniform.

If they have PE, please send them to school with PE kit in a named bag on this day.

Thank you for your understanding.



PTA & SCHOOL HALLOWEEN EVENT!

Thursday 23rd October!

As we creep closer to Halloween, we're excited to invite all our children and families to join in the spooky fun! Children are encouraged to come to school dressed in their favourite Halloween-themed costumes.

There will be a pumpkin carving competition. This fun family competition is open to all Uplands families. Carve your pumpkin at home and bring it to school on Wednesday 22nd October.

All entries will be displayed in the school hall on Thursday 23rd October and parents are invited to join us in the school hall to view the pumpkin display from 2:45pm onwards.

We will be serving spooky refreshments and may even have a few ghoulish games to enjoy!

We look forward to a frightfully fun day with everyone!



INFORMATION

Please can we remind everyone to visit the Blogging link under the children section on our school website to find out what your child has been learning and for important dates.

Keep up to date with what's going on at Uplands.
Subscribe to the school calendar:-

<https://www.uplandsprimarystroud.co.uk/diary/grid/2025/10/>

See events happening in your local area, check out the 'Whats On' link under the Parents Section on our website.

<https://www.uplandsprimarystroud.co.uk/whats-on/>

Thank you.

UPLANDS NURSERY



We currently have spaces available at Uplands Nursery. If you are interested in enrolling your child or would like more information, please contact the school office.

We will be happy to answer any questions you may have!

Thank you!

School Uniform Discount Code with MyClothing

NEW discount code for parents to use when shopping with MyClothing.
It gives everyone a **10% discount** until the end of December.

Code: 10%myc2025
Expires: 31st December 2025

A CRACKING CROSS COUNTRY!

On Wednesday, a team of courageous Cross Country runners took to the fields of Stratford Park to take part in this year's KS2 Cross Country!

It was brilliant to see so many children taking part in what is a challenging event. The whole event is wonderful as the children and adults from other schools cheer everyone on as they run up and down the hilly course. It is such a brilliant achievement to complete the course but a special mention must go to Aubrey M for coming in 3rd place in the Y4 girls'



Walking Home Alone!

If your child is in **Y4, Y5 or Y6** and you would like to give permission for them to walk home from school on their own, please complete a 'Walking Home Alone' form. This form can be found on our school website:

<https://uplands-primary-school-stroud.secure-primariesite.net/useful-forms/>

Alternatively, a paper copy can be collected from the school office.

Many thanks

CONGRATULATIONS!

*The Attendance Cup for week ending 10th October is awarded to Merlins!
The Attendance Cup for week ending 17th October is awarded to Merlins!*

*Team Points for week ending 10th October is awarded to Folly!
Team Points for week ending 17th October is awarded to Thompson!*



See below for the new lunch menu for the Autumn Winter Term!

AFTER SCHOOL PROVISION

After School Provision will be open to book from Monday-Friday for this term. Please let the office know if you need to book a space for your child.

Thank you.

ALWAYS CLUB

Following feedback from parents, we have been re-thinking our Always Club. The purpose of the Always Club is to recognise the efforts of the children who are always trying their best and representing our school values.

It doesn't mean that each child will be able to attend the club every fortnight; it means that if your child has been behaving brilliantly in-line with the core values, they will be in with a chance to be nominated for the club.

Next week, we will hold an assembly to clearly explain the club's purpose and how it will work. We are excited to involve the children in this process by inviting them to vote for a new name for the club. They will also have the opportunity to vote on the activities they would like to participate in during the club sessions.

We hope that this will give them some ownership of the new club and give them a better understanding of how it is going to work.

We will keep you posted about what they decide.

STAR OF THE FORTNIGHT

During last Friday's assembly, we celebrated the children's exceptional learning and they were presented with a Star Award that will be a reminder of their achievement.

This week's winners are:

Merlins: Esther, Gigi

Owls: Arthur, Rafe, Ivo, Neveah S, Asger

Kestrels: Talia, Adriana

Eagles: Ben, Alfie L



Congratulations Everyone!

Keep Up the Good Work!



'NICE'

On Thursday afternoon Eagles class visited Hawkwood to see an event organized by Hot Poets. The event was hosted by the brilliant children's author and former Children's Laureate, **Michael Rosen**.



FLU VACCINATION

Reminder!

On **Thursday 23rd October** the NHS school nursing team will deliver the flu vaccinations to all consented students in Reception up to and including Year 6.

If you haven't already done so, please complete the consent form online (one for each child, please) using the following link: <https://www.ghcimmunisations.co.uk/Forms/Flu> and ensure you use the Unique School Code: **GC115543**

Thank you.

POPPY APPEAL

As from **Monday 20th October** the School Office will be selling the following in aid of The Royal British Legion. Zip Pulls, Poppy Reflectors, Wristbands & Snap Bands and poppies.

Suggested donation - £1

If you wish to purchase any of the merchandise to support The Royal British Legion, please send your child to school with the correct money in an envelope with their name and choice.

Thank you for your support.



HOPE YOU ALL HAVE A LOVELY WEEKEND!

SEE YOU ALL NEXT WEEK!

Yours sincerely,

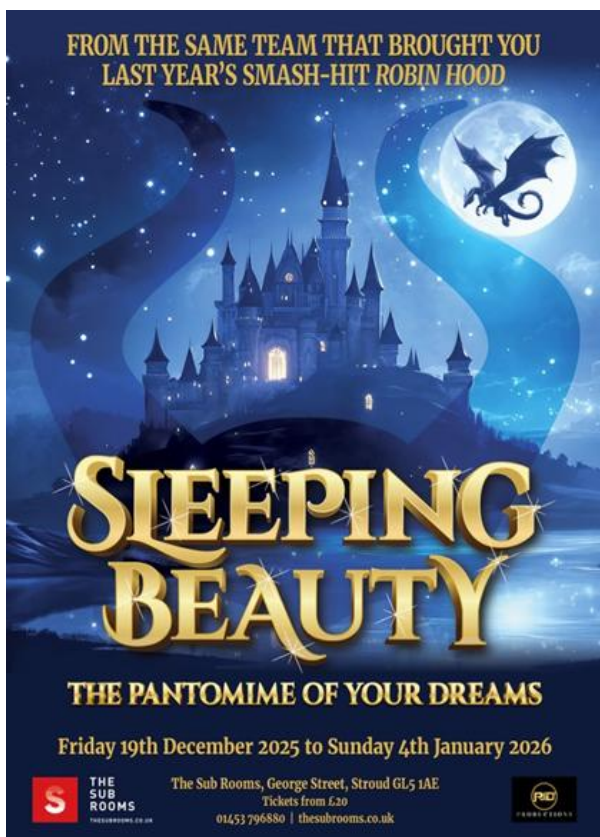


Mr James Powell
Head Teacher



DIARY DATES - 2025-2026	
Wednesday 22 October	School Photographs
Thursday 23 rd October	Flu Vaccinations
Monday 27th October – Friday 31st October	Half Term Break
Monday 3 rd November	Children return to school
Thursday 6 th November	Stroud Book Festival – Kestrels & Eagles
Friday 7 th November	Stroud Book Festival - Owls
Tuesday 11 th November	Parents Evening
Wednesday 12 th November	Parents Evening
Monday 24 th November	Kestrels Trip to Roman Baths – all day
Wednesday 17 th December	Whole School Trip to the Panto – Stroud Sub Rooms (1pm)
Monday 22 December – Friday 2nd January 2026	Christmas Holidays
Monday 5 th January	Inset Day – School Closed
Tuesday 6 th January	Children return to school

FROM THE SAME TEAM THAT BROUGHT YOU
LAST YEAR'S SMASH-HIT ROBIN HOOD




SLEEPING BEAUTY

THE PANTOMIME OF YOUR DREAMS

Friday 19th December 2025 to Sunday 4th January 2026

THE SUB ROOMS
The Sub Rooms, George Street, Stroud GL5 1AE
Tickets from £20
01453 796880 | thesubrooms.co.uk



The tale of the beautiful Princess who is cursed by the evil Carabosse to perish on her 21st Birthday by pricking her finger on a spinning wheel. Saved by the good fairies, she falls into a deep sleep and can only be awoken by her true love.

Join us for more music, magic and mayhem as PJD Productions bring their fifth annual pantomime to the Sub Rooms and deliver fantastic festive fun for the whole family!

"It's modern, current, and quite simply hilarious, so if pantos aren't your thing, I urge you to give this one a go – you'll look forward to it every year from here on out!"

The Stroud Times

Friday 19 December 2025			6pm	Gold Band Shows Adult from £25 Child from £23
Saturday 20 December 2025	11am	3pm	7pm	
Sunday 21 December 2025	11am	3pm		Silver Band Shows Adult from £20 Child from £18
Monday 22 December 2025	11am	3pm		
Tuesday 23 December 2025	11am	3pm		Adult Only Shows £25 All Seats
Wednesday 24 December 2025	11am	3pm		
Friday 26 December 2025			4pm	
Saturday 27 December 2025	11am	3pm	7pm	
Sunday 28 December 2025	11am	3pm		
Monday 29 December 2025	11am (R)	3pm		
Tuesday 30 December 2025	11am	3pm		
Wednesday 31 December 2025	11am	3pm		
Friday 2 January 2026			2pm	8pm (AO)
Saturday 3 January 2026			2pm	8pm (AO)
Sunday 4 January 2026			2pm	







































(AO) Adults Only
Friday 2nd and Saturday 3rd January at 8pm
Our Adult Only performances offer the chance to leave the kids at home and experience panto with no filter whatsoever! Absolutely not for the faint hearted or easily offended.

(R) Relaxed Performance
Monday 29th December at 11am
A performance specifically designed to welcome people who will benefit from a more relaxed environment, including people with an autism spectrum condition, sensory and communication disorders or learning disability.



NEW LUNCH MENU

New school lunch menu starting Monday 3rd November.

Autumn Winter 2025 2026	 Meat Free	MONDAY	TUESDAY	 Roast	WEDNESDAY	THURSDAY	 Fish	FRIDAY
WEEK ONE 3 November 24 November 15 December 19 January 9 February 9 March	Option One	Cheese and Tomato Pizza with New Potatoes 	Meatballs in Tomato Sauce with Rice 	Roast Gammon with Roast Potatoes and Gravy 	NEW Curried Chicken and Rice	Fish Fingers with Chips & Tomato Ketchup		
	Option Two	Vegetable Pasta bake 	Vegan Burger in a Bun with Potato Wedges and Tomato Ketchup 	Roast Quorn Fillet with Roast Potatoes and Gravy 	Macaroni Cheese	Cheese Whirl with Chips and Tomato Ketchup		
	Option Three	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings 	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings Including Salmon Mayonnaise		
	Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables		
	Dessert	Chocolate Shortbread 	NEW Apple Crumble Cake with Custard 	Cinnamon Swirl and Fresh Fruit 	Syrup Sponge with Custard	Ice Cream and Peaches		
WEEK TWO 10 November 1 December 5 January 26 January 23 February 16 March	Option One	Mild Mexican Chilli with Rice 	Sausage and Mash with Gravy	Roast Chicken with Stuffing, Roast Potatoes and Gravy	 Spaghetti Bolognese with Garlic Bread 	Fish Fingers with Chips & Tomato Ketchup		
	Option Two	Vegan Meatballs in Tomato Sauce with Spaghetti 	 NEW Chefs Special Lentil Curry with Rice 	Vegetable Wellington with Roast Potatoes and Gravy 	Roasted Vegetable Pizza with New Potatoes 	Red Pepper Frittata with Chips & Tomato Ketchup		
	Option Three	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings 	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings		
	Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables		
	Dessert	NEW Gingerbread Cookie 	Chocolate Brownie with Chocolate Sauce	Strawberry Jelly with Peaches 	Autumn Pear Crumble with Custard 	Vanilla Shortbread 		
WEEK THREE 17 November 8 December 12 January 2 February 2 March 23 March	Option One	Cheese and Bean Pasty with New Potatoes	Beef burger with Cheese in a Bun with Wedges and Tomato Ketchup	Roast Chicken with Roast Potatoes and Gravy	 NEW Chicken Enchilada Bake with Rice 	Battered Fish with Chips & Tomato Ketchup		
	Option Two	Tomato Pasta 	Creamy Coconut Curry with Rice 	Vegan Sausage with Roast Potatoes and Gravy 	Jacket with Vegan Bolognese 	Mexican Bean Roll with Chips and Tomato Ketchup 		
	Option Three	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings		
	Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables		
	Dessert	Oaty Cookie 	Eves Pudding with Custard	Ice Cream and Fresh Fruit	Jam and Coconut Sponge with Custard	Melting Moment Biscuit		
MENU KEY		 Added Plant Protein	 Wholemeal	 Vegan	 Chef's Special	ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.		
Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily - Daily salad selection - Fresh Fruit and Yoghurt								
						