

Run the Rainbow



LONGFIELD
Community Hospice

Saturday 4 July 2026
Frampton Court
Frampton on Severn
11am-3pm

Run, walk, or even skip your way through our colour-filled 5K challenge — and help local people live well, every step of the way.

Expect powder paint, foam, music, and inflatables all while supporting Longfield Community Hospice's care for those living with life-limiting illness and their families.

Celebrate life in full colour!

SIGN UP TODAY!

Advance tickets available:

Adult £15

Child (ages 4-16) £10

Family Tickets Available

(up to 4 people:

2 adults and 2 children) £45



SCAN ME 
FOR TICKETS

longfield.org.uk/run-the-rainbow

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