

# Weekly Updates From Uplands



## HEADTEACHER'S MESSAGE



Thank you to all the staff and governors for working so hard this term. Wishing you all a very Merry Christmas and a Happy New Year.

We look forward to welcoming you back to school on Tuesday 7<sup>th</sup> January after having an amazing, restful Christmas break.

## PTA Quiz

The pub quiz at The Vine Tree, Randwick on the 9<sup>th</sup> December raised a fantastic amount of £204 - this will go towards equipment for lunchtimes.

Thank you to Mr Powell for organising.

## ATTENDANCE

A print out of your child's attendance has been issued today. Please remember it is really important for your child to attend school regularly.

## COFFEE MORNING FOR THE NEW TERM

If your child is struggling to attend school regularly and it is a battle in the morning to get them through the school gate, help is at hand; Mr Powell and Mrs Giles are planning a coffee morning dedicated to providing parents with some strategies to address these difficulties. Please get in touch with Mr Powell or Mrs Giles if you are interested in attending.

Date to be confirmed.



## SCHOOL MEALS DEBT POLICY

Please can we politely remind you that Uplands School has a 'strictly no debt' policy for school meals as the school budget is charged for meals not paid. Therefore, with effect **from January** we will be unable to order your child a school lunch unless there is enough credit on your account to pay for the meal.

Thank you for your understanding.



The total amount collected  
for  
Save the Children,  
Christmas Jumper Day  
was **£80**.

Thank you all for your  
generosity.

## PANTO VISIT

We all had a fantastic afternoon at the  
Stroud Subscription Rooms on Wednesday  
afternoon. A massive thank you to the PTA  
for contributing towards the panto.



## NATIVITY

Merlins & Owls

The nativity was a polished masterpiece.  
All the children sang with such gusto,  
acted with confidence and spoke  
eloquently. A massive well done to all the  
children and a thank you to all the staff  
involved in organising the production.



## Christmas Singalong!

Thank you everyone for attending  
the Christmas carols today, We wish  
you all a very Merry Christmas and a  
Happy New Year!



## CHRISTMAS CONCERT KESTRELS & EAGLES



What a spectacular event - All Saints  
Church was full and the atmosphere was  
electric. The performances of all the  
children was magnificent. What a  
wonderful way to start the Christmas  
festivities. A special mention to all the  
staff who choreographed the concert.



## UPLANDS SCHOOL NURSERY

We would like to say a huge 'thank you' to  
everyone who has helped to tidy and clear the  
nursery outdoor area. We still need more help  
- if you can spare an hour to help us please  
contact the school office.

## Online Safety

To view our Online Safety Presentation, please  
visit our website: [Parents/remote education](#)



**PTA JUMBLE SALE**  
SUNDAY  
2<sup>nd</sup> MARCH  
2025

Donations welcome the  
week before.



## MERRY CHRISTMAS FROM BREAKFAST CLUB!



The children had a lovely time at the Breakfast Club Christmas party last week. A huge thank you to the very talented Mrs Cairns for her fabulous table displays and Christmas balloon arch, all of which brought much festive cheer to the school hall!



### ADMINISTRATION ASSISTANT VACANCY

We currently have a vacancy for an Administration Assistant working in the school office Monday all day and Tuesday mornings, term time only.

For further information and an application form, please visit the school website:

[www.uplandsprimarystroud.co.uk](http://www.uplandsprimarystroud.co.uk)

Thank you.

If you have school uniform that is no longer needed, then please consider donating to the PTA **Pre-Loved Uniform** stock.

We are particularly low on school logo jumpers, P.E. t-shirts and summer dresses but would welcome any uniform.

**Please leave donations at the school office.**

All proceeds from selling pre-loved uniforms go towards supporting the school with activities and resources for the children.

# RED HORSE FOUNDATION

<https://www.redhorsefoundation.org/>

Hi, my name is Charlotte, and I help my Aunt Verity sometimes look after the horses at Redhorse. I love horses so I decided to ride them, not with redhorse but I do enjoy seeing them, helping clean and feed them. Their 'Horsing around days' and 'Getting to know Ponies' are my favourite. I really enjoy learning how to take care of them and I really want to spoil the horses at Christmas and donate lots of apples and carrots, more than I can carry!

Can you help me? (PLEASE DONATE!).

If you want to donate, please contact my mum if you have any food donations and we will come collect or drop to the school.

A little about Redhorse...

The Redhorse foundation offers counselling, psychotherapy, education and equine guided learning using horses for individuals and groups of all ages in the Stroud area. Redhorse enables clients to discover and understand themselves, using horses to guide patience's, forgiveness and endless chances when you get it wrong. The foundation is vital for their clients and is dependent on donations to continue their incredible work ranging from; Children and adults with mental health problems, Children and young people with special educational needs including autism, ADHD and behavioural problems, Victims of domestic violence, neglect and abuse, People struggling with family breakdown, stress and bereavement, People battling an addiction or eating disorder, Veterans experiencing post-traumatic stress disorder and traumatic brain injury, NHS staff suffering from trauma serving their community.

To donate money, please email: [enquiries@redhorsefoundation.org](mailto:enquiries@redhorsefoundation.org)  
or phone: 07963 863453.



ELF-RIDGES™



A big 'Thank you' to Mrs Moore for organising the 'Elf-Ridges' Christmas Shop, it was a huge success and the children enjoyed their shopping experience!

## CONGRATULATIONS!



w/c 9<sup>th</sup> December

*The Attendance Cup for this week is awarded to Kestrels!*

*Team Points awarded to Thompson!*

## CONGRATULATIONS!



w/c 16<sup>th</sup> December

*The Attendance Cup for this week is awarded to Eagles!*

*Team Points awarded to Thompson!*

## STAR OF THE FORTNIGHT

Friday 13<sup>th</sup> December

*During last Friday's assembly we celebrated the children's exceptional learning and they were presented with a Star Award that will be a reminder of their achievement.*

*This week's winners are:*

*Merlins: Asger, Jaxon*

*Owls: Idris P, Ellis, Raphi*

*Kestrels: Charlie J-L, Leo H, Sahas*

*Eagles: Corin, Alayah, Sienna*



**Congratulations Everyone!**

**Keep Up the Good Work!**



**HOPE YOU ALL HAVE A VERY  
HAPPY CHRISTMAS!  
SEE YOU ALL NEXT YEAR!**



Yours sincerely,

*J Powell*

Mr James Powell  
Head Teacher

### REMINDER

**Monday 6<sup>th</sup> January 2025 - Inset Day  
Term 3 Commences on Tuesday 7<sup>th</sup> January 2025**

## DIARY DATES - AUTUMN 2024

Monday 23 <sup>rd</sup> December – Friday 3 <sup>rd</sup> January 2025	Christmas Holidays
Monday 6 <sup>th</sup> January 2025	Inset Day
Tuesday 7 <sup>th</sup> January 2025	Children return to school
Wednesday 8 <sup>th</sup> January	NHS NCMP & Screening Checks - Rec/Y6
Wednesday 26 <sup>th</sup> February	Kestrels Swimming (1) - 10.30am -11am
Sunday 2 <sup>nd</sup> March 2025	PTA Jumble Sale 10am – 12pm

## Forest Green Rovers Ambassador Scheme



FGR are looking for two ambassadors.



For more information please visit their website:

<https://www.fgr.co.uk/fgr-ambassadors>



\*Crib and Christingle services\*

**24 December 4pm**

Holy Trinity, The Church next to the  
hospital

St Matthew's The Church in  
Cainscross

**24 December 5.30pm**

St John's, The Church in Randwick

**7 January 9.30am**

Holy Trinity, The Church in Uplands

### THINK PHARMACY FIRST

Boots pharmacy is offering the NHS Pharmacy First service which allows pharmacists to provide advice and where appropriate, supply NHS medicines for the following conditions for:

- Earache (aged 1 to 17 years)
- Impetigo (aged 1 year and over)
- Infected insect bites (aged 1 year and over)
  - Shingles (aged 18 years and over)
  - Sinusitis (aged 12 years and over)
  - Sore throats (aged 5 years and over)
- Urinary tract infections (UTIs) in women (aged 16 to 64 years)

If you or your child has symptoms that suggest you or they may have one of these conditions, you can walk into a pharmacy and be offered a consultation with a pharmacist in a private consultation room. Your GP surgery may also refer your child (or you) to the service if you contact them but they believe it is appropriate for you to be seen by a pharmacist. If your child or you have symptoms that suggest one of the above conditions, why not give the Pharmacy First service a try?

Watch the animation on Pharmacy First For more information, visit [nhs.uk/thinkpharmacyfirst](https://nhs.uk/thinkpharmacyfirst)