Issue no.5
13th November 2026

Weekly Updates From Uplands

HEADTEACHER'S MESSAGE

Thank you very much for attending Parents' Evening this week. I hope you found the consultations helpful and informative. It was lovely to hear so many positive comments, and we really appreciate your time, support and feedback.

VACANCIES

We currently have a vacancy for a part-time KS2 teacher from January 2027. For further details, please visit the school website:
www.uplandsprimarystroud.co.uk

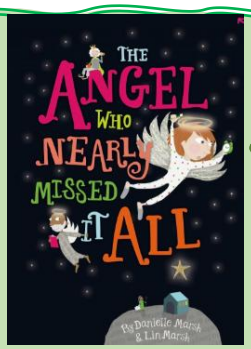
We also have a vacancy for a full time teaching assistant working primarily in Key Stage 2 with pupils on a 1-1 basis and in small groups.
If you or someone you know is interested in this position, please contact the school office.

STAR AWARDS

During today's assembly, we celebrated the children's exceptional learning and they were presented with a Star Award that will be a reminder of their achievement.

Merlins: Esme & James
Owls: Asger & Harrison
Kestrels: Jack, Isaac, Max & Eden
Eagles: Lilly & Riley

Congratulations Everyone!
Keep Up the Good Work!



EYFS/KS1 CHRISTMAS PERFORMANCE

'THE ANGEL WHO NEARLY MISSED IT ALL'

WEDNESDAY 9TH DECEMBER

2.30PM & 5.30PM

We are very excited to inform you that Merlins and Owls have started to practise for their Christmas play 'The Angel who nearly missed it all' which is on Wednesday 9th December at 2:30pm & 5:30pm. Due to the hall capacity, parents will be able to purchase a maximum of:

2 tickets per family for the afternoon performance

or

2 tickets per family for the evening performance

We are asking for a voluntary contribution of £2 per ticket, payable via ParentPay.

Please ensure your tickets are purchased by Tuesday 1st December. After this date, if we have space for additional tickets to be purchased for each performance we will let parents know.



Thank you.

KS2 CHRISTMAS CONCERT

We are pleased to inform you that the KS2 Christmas Concert will be performed in All Saints Church on Tuesday 15th December.
We will be doing two performances: 2pm and 6pm.

For the evening performance, please bring your child to the church at 5.45pm so that we can get ready for the performance. Those coming to watch the performance will be admitted at 5.55pm.
Children can wear Christmas outfits for the day - sparkles, tinsel, Christmas jumpers.

There is no need to purchase tickets for the event. We will have collection on the evening and the proceeds will go to Uplands School and towards the heating in the church.

Thank you!

"ELF-RIDGES"

We are very excited to announce that with the help of you all, our very own gift shop 'Elf-ridges' will be open again this year for the children to purchase a gift for their mum/dad/relative. We will then help them wrap it up to place under your Christmas tree. The children really enjoyed visiting the gift shop last year, so we really hope you will support us.

If you have any unwanted gifts, for example; nearly new books/jewellery/toiletries/chocolates/wrapping paper/ribbons, please pass to the school office by Monday 30th November.

Last year we did not have enough gifts for men so if you can donate any toiletries/chocolates it would be much appreciated.

Elf-ridges will be open from Wednesday 2nd December – Friday 11th December.

All proceeds will go to purchasing books for break-time and lunchtime play.

Thank you for your support.

Autumn Winter Lunch Menu

AUTUMN WINTER 2026/2027

caterlink feeding the imagination

		Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 02/11/26 23/11/26 14/12/26 18/01/27 08/02/27 08/03/27	Option One	Rainbow Vegetable Pasta Bake (V)	Nature Ranger Sausage with Potato Wedges and Tomato Ketchup (VE)	British Roasted Quorn, Roast Potatoes, & Gravy (VE)	Macaroni Cheese (V)	Flaky Cheese Whirl with Chips & Tomato Ketchup (V)
	Option Two	Classic Cheese and Tomato Pizza with New Potatoes (V)	Beef Meatballs in Tomato Sauce with Rice	Roast Gammon, Roast Potatoes & Gravy	Chicken and Sweetcorn Pie with New Potatoes	Fish Fingers with Chips & Tomato Ketchup
	Option Three	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling including Salmon Mayonnaise
	Sides	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
	Dessert	Chocolate Shortbread(VE)	Pineapple Upside Down Cake with Custard (V)	Fresh Fruit(VE)	Syrup Sponge(V)	Ice Cream and Peaches (V)
WEEK TWO 09/11/26 30/11/26 04/01/27 25/01/27 22/02/27 15/03/27	Option One	Lentil & Sweet Potato Curry with Rice (VE)	Mild Mexican Campfire Chilli with Rice (VE)	Lentil Wellington, Roast Potatoes & Gravy (VE)	Roasted Vegetable Pizza with New Potatoes (V)	Red Pepper Frittata with Chips & Tomato Ketchup (V)
	Option Two	Planet Friendly Balls in Tomato Sauce with Spaghetti (VE)	Sausage and Mash with Gravy	Roasted Chicken, Stuffing, Roast Potatoes & Gravy	Beef Lasagne	Fish Fingers with Chips & Tomato Sauce
	Option Three	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling
	Sides	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
	Dessert	Gingerbread Cookie(VE)	Chocolate Brownie(V)	Fruit & Yoghurt with Crumble Topping (V)	Strawberry Jelly with Peaches (VE)	Vanilla Shortbread (VE)
WEEK THREE 16/11/26 07/12/26 11/01/27 01/02/27 01/03/27 22/03/27	Option One	Saucy Tomato Pasta (VE)	Creamy Coconut Curry with Rice (VE)	Nature Ranger Sausage, Roast Potatoes & Gravy (VE)	Hearty Bolognaise with Pasta (VE)	Mexican Bean Roll with Chips & Tomato Ketchup (VE)
	Option Two	Golden Cheese & Bean Pasty with New Potatoes (V)	Beef Burger with Cheese, Potato Wedges & Tomato Ketchup	Roast Chicken, Roast Potatoes & Gravy	Chef Special Chicken Korma with Rice	Battered Fish with Chips & Tomato Ketchup
	Option Three	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling
	Sides	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
	Dessert	Oaty Cookie (VE)	Jam and Coconut Sponge(V)	Fresh Fruit (VE)	Eves Pudding with Custard(V)	Melting Moments Biscuit (V)

MENU KEY:
- Whole grain
- Plant based
- Added plant protein

AVAILABLE DAILY: Jacket Potatoes with a choice of fillings (V/VE), Salad Bar (V/VE), Freshly Baked Bread (VE), Fresh Fruit (VE), Yoghurt (V)

(V) Vegetarian (VE) Vegan

If you would like to know about particular allergens in foods, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

HOPE YOU ALL HAVE A LOVELY WEEKEND!
SEE YOU ALL ON NEXT WEEK!

Yours sincerely,

Mr James Powell
Head Teacher

Diary Dates	
Wednesday 9th December	**KS1 Nativity 2.30pm & 5.30pm**
Thursday 10th December	**Christmas Jumper Day**
Tuesday 15 December	**KS2 Performance 2.30pm & 6pm**
Wednesday 16th December	**Christmas Lunch**
Thursday 17th December	**Whole School Trip to the Panto Stroud Sub Rooms - 1pm Beauty & the Beast**
Friday 19th December	**Last Day of Term**
Monday 21st December – Friday 1st January	**Christmas Break**
Monday 4th January 2027	**Children return to school and nursery**
Wednesday 6th January 2027	**Kestrels Swimming lessons begin – 2pm**
Monday 24th May – Wednesday 26th May	**Eagles PGL Residential Trip to Liddington**

