Issue no.3
9th October 2026

Weekly Updates From Uplands

HEADTEACHER'S MESSAGE

All the children have been working incredibly hard this week and have been fully engaged and immersed in their learning. It has been wonderful to see their enthusiasm and dedication!

I would also like to take this opportunity to remind everyone of the importance of regular school attendance. Being in school every day helps children to make the most of their learning opportunities, build confidence and maintain consistency in their progress. Thank you for your continued support in ensuring that your child attends school regularly and on time.

VACANCIES

We currently have a vacancy for a part-time KS2 teacher from January 2027. For further details, please visit the school website:
www.uplandsprimarystroud.co.uk

We also have a vacancy for a full time teaching assistant working primarily in Key Stage 2 with pupils on a 1-1 basis and in small groups.
If you or someone you know is interested in this position, please contact the school office.

SCHOOL PHOTOS



Individual and sibling photos will be next **Wednesday 21st October**.
Please remember to send your child to school in school uniform.
If they have PE, please send them to school with PE kit in a named bag on this day.
Thank you.

MEET THE TEACHER

A massive thank you to all the parents and staff who attended this recent event. I hope that parents found it informative and useful.
Thank you for your continued support.

GOVERNOR VACANCIES

Parent Governor Vacancy - we are seeking an enthusiastic parent governor to join our school governing board. Parent Governors are elected by other parents and provide a crucial parental perspective on school decisions. Candidates must have parental/carer responsibility for a child at the school. If you are interested in applying for the parent governor vacancy, please complete a nomination form available from the school office, and return to Ella Moore, Clerk to Governors by 09:00am on Monday 19th October. Please note that if more than two people are nominated, a ballot on Wednesday 21st October.

Co-opted Governor Vacancy - we are also seeking applications for a Co-opted governor. Co-opted governors must be appointed by the governing board and may not necessarily have a direct connection to the school but bring expertise, such as: finance, law, human resources, educational knowledge or data analysis. The role of a Co-opted governor is to support the school with strategic oversight and decision making, monitor effectiveness and play an active role in either the Curriculum & Standards or Finance & Resources Committee. If you know someone in the community that might be interested in this role, please ask them to get in touch.

Local Authority Governor Vacancy - we will also have a vacancy for a local authority governor from January 2027. Local authority governors are nominated by the local authority before being approved by the governing body. This role enables the local authority to have input or perspective on the governance of maintained schools. To qualify they must commit to acting in the best interest of the school and not represent political or other local authority interests. If you know someone in the community that might be interested in this role, please ask them to get in touch.

Thank you for your support.

HUB SPORTS DAY AT MAIDENHILL.

Mr Moorcroft and Mr Powell had the pleasure of taking Eagles Class to the Hub Sports Day at Maidenhill School. It was a thoroughly enjoyable event and it was wonderful to see all the children participating, having fun and making new friends.
Well done to everyone involved .

MDSA VACANCY

We currently have a vacancy for a Midday Supervisor, for further details please contact the school office.
Many thanks

STAR AWARDS

During last Friday's assembly, we celebrated the children's exceptional learning and they were presented with a Star Award that will be a reminder of their achievement.

Owls: Ivo, Edwyn & Layla
Kestrels: Minnie, Theo M & Ted
Eagles: Darcie, Max B and Emilia

Congratulations Everyone!
Keep Up the Good Work!

HOLIDAYS OR ABSENCE DURING SCHOOL TIME

It is very important that your child is in school for every session. If your child misses out on lessons, learning is lost, as work is often built on from previous lessons and children then struggle to catch up. Every lesson counts!
If your child is ill and unable to attend school, please let us know, or leave a message on the school's answer phone as soon as possible. We do chase up any child not in school from that morning because we need to know that they are safe and being looked after.

If you need to apply for leave of absence during term-time for extraordinary circumstances then there is a form to fill in from the office or to be downloaded from the school website. Please do not take time off without letting the school know as we will spend time trying to contact you unnecessarily. The school has discretion in 'exceptional circumstance' to authorise a leave of absence if we believe it is a genuine reason.

Parents must also note that they can be given a Penalty Notice or prosecuted for periods of unauthorised holidays.

We are sending out this information due to the increase in holiday requests.

More detailed information can be found on our school website:
https://www.uplandsprimarystroud.co.uk/attendance-absence

Thank you for your continued support in this matter.

'WHAT'S ON'

See events happening in your local area, check out the 'What's On' link under the News & Events Section on our website.
https://uplandsprimary.web11.juniperwebsites.co.uk/whats-on-2

New lunch menu beginning after half term

Monday 2nd November.

AUTUMN WINTER 2026/2027

caterlink
feeding the imagination

		Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 02/11/26 23/11/26 14/12/26 18/01/27 08/02/27 08/03/27	Option One	Rainbow Vegetable Pasta Bake (V)	Nature Ranger Sausage with Potato Wedges and Tomato Ketchup (VE)	British Roasted Quorn, Roast Potatoes, & Gravy (VE)	Macaroni Cheese (V)	Flaky Cheese Whirl with Chips & Tomato Ketchup (V)
	Option Two	Classic Cheese and Tomato Pizza with New Potatoes (V)	Beef Meatballs in Tomato Sauce with Rice	Roast Gammon, Roast Potatoes & Gravy	Chicken and Sweetcorn Pie with New Potatoes	Fish Fingers with Chips & Tomato Ketchup
	Option Three	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling including Salmon Mayonnaise
	Sides	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
	Dessert	Chocolate Shortbread(VE)	Pineapple Upside Down Cake with Custard (V)	Fresh Fruit(VE)	Syrup Sponge(V)	Ice Cream and Peaches (V)
WEEK TWO 09/11/26 30/11/26 04/01/27 25/01/27 22/02/27 15/03/27	Option One	Lentil & Sweet Potato Curry with Rice (VE)	Mild Mexican Campfire Chilli with Rice (VE)	Lentil Wellington, Roast Potatoes & Gravy (VE)	Roasted Vegetable Pizza with New Potatoes (V)	Red Pepper Frittata with Chips & Tomato Ketchup (V)
	Option Two	Planet Friendly Balls in Tomato Sauce with Spaghetti (VE)	Sausage and Mash with Gravy	Roasted Chicken, Stuffing, Roast Potatoes & Gravy	Beef Lasagne	Fish Fingers with Chips & Tomato Sauce
	Option Three	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling
	Sides	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
	Dessert	Gingerbread Cookie(VE)	Chocolate Brownie(V)	Fruit & Yoghurt with Crumble Topping (V)	Strawberry Jelly with Peaches (VE)	Vanilla Shortbread (VE)
WEEK THREE 16/11/26 07/12/26 11/01/27 01/02/27 01/03/27 22/03/27	Option One	Saucy Tomato Pasta (VE)	Creamy Coconut Curry with Rice (VE)	Nature Ranger Sausage, Roast Potatoes & Gravy (VE)	Hearty Bolognaise with Pasta (VE)	Mexican Bean Roll with Chips & Tomato Ketchup (VE)
	Option Two	Golden Cheese & Bean Pasty with New Potatoes (V)	Beef Burger with Cheese, Potato Wedges & Tomato Ketchup	Roast Chicken, Roast Potatoes & Gravy	Chef Special Chicken Korma with Rice	Battered Fish with Chips & Tomato Ketchup
	Option Three	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling
	Sides	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
	Dessert	Oaty Cookie (VE)	Jam and Coconut Sponge(V)	Fresh Fruit (VE)	Eves Pudding with Custard(V)	Melting Moments Biscuit (V)

MENU KEY:

- Whole grain
- Plant based
- Added plant protein

AVAILABLE DAILY: Jacket Potatoes with a choice of fillings (V/VE), Salad Bar (V/VE), Freshly Baked Bread (VE), Fresh Fruit (VE), Yoghurt (V)

(V) Vegetarian (VE) Vegan

If you would like to know about particular allergens in foods, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

HOPE YOU ALL HAVE A LOVELY WEEKEND!

SEE YOU ALL NEXT WEEK!



Yours sincerely,

Mr James Powell
Head Teacher

Diary Dates	
Wednesday 21st October	**Whole School Individual Photographs**
Monday 26th October – Friday 30th October	**Half Term Break**
Thursday 5th November	**Stroud Book Festival Eagles & Kestrels 1.30pm – 2.30pm**
Friday 6th November	**Stroud Book Festival Owls 1.30pm – 2.30pm**
Friday 6th November	**We the Curious Trip - Eagles**
Tuesday 10th November	**Parents Evening**
Wednesday 11th November	**Parents Evening**
Wednesday 9th December	**KS1 Nativity 2.30pm & 5.30pm**
Thursday 10th December	**Christmas Jumper Day**
Tuesday 15 December	**KS2 Performance 2.30pm & 6pm**
Thursday 17th December	**Whole School Trip to the Panto Stroud Sub Rooms - 1pm Beauty & the Beast**
Friday 19th December	**Last Day of Term**
Monday 21st December – Friday 1st January	**Christmas Break**
Monday 4th January 2027	**Children return to School and Nursery**
Wednesday 6th January 2027	**Kestrels Swimming lessons begin – 2pm**
Monday 24th May – Wednesday 26th May	**Eagles PGL Residential Trip to Liddington**