



## SUN PROTECTION POLICY

**Reviewed: November 2023**

**Next Review Date: November 2025**

At Uplands Community Primary School we place great importance in ensuring that all parents are fully informed of our SUN SMART procedures. Please read and discuss this policy with your child.

- Young children dehydrate very quickly so please provide your child with a water bottle on a daily basis. All children are encouraged to drink water regularly throughout the day. Water bottles are kept on the children's desks and can be refilled from the water tap in each classroom. At lunchtime the Supervisors always remind the children to have a drink. Water bottles should be clearly labelled.
- SunSmart clothing is very important. All children are encouraged to wear:
  - **sunhats**, especially the legionnaires style hat which protects the back of the neck,
  - **light clothing** which covers the skin, e.g. long summer dress as opposed to a short mini-style one, short sleeve t-shirt as opposed to a sleeveless one, Bermuda length or  $\frac{3}{4}$  length shorts and trousers (school colours, please)
  - **sensible footwear** (no heels, please)
- Sun cream should be applied to your child's skin before coming to school. Children may bring sun cream to school to reapply at lunchtime. All sun creams should be clearly labelled with your child's name.
- All teaching staff will incorporate SunSmart information into their lessons.
- Assembly opportunities will be used to regularly remind children to be SunSmart.
- Each class will appoint Sun Monitors to remind peers to wear sun hats and apply sun cream.

The trees at the top of the playground will in time provide shade. The multi-sensory garden is well placed for shade as is the new shelter. Additional shade is provided by the large parasol in the multi-sensory garden and the parasols which are located at the picnic tables.

Finally, on hot days we always provide the pupils with the opportunity to stay indoors during lunchtime (the hall stays really cool). On these occasions the children are supervised and have access to a range of indoor play activity resources. The lunchtime supervisors are very vigilant - if the sun is very strong at lunchtime they will bring all the children indoors for a 10/15 minute rest.